



Seventh Sunday after Pentecost, July 19, 2020

Opening Music: Michel Ross

Gathering of the Community & Welcome: Cheryl Palmer

Collect of the Day:

Presider: The Lord be with you.

People: **And also with you.**

Presider: Together, let us pray.

**Almighty God,
your Son has opened for us
a new and living way into your presence.
Give us pure hearts and constant wills
to worship you in spirit and in truth;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever.
Amen.**

Reading: Ben Kizemchuk

Reader: A Reading from the Letter of Paul to the Romans

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh - for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ - if, in fact, we suffer with him so that we may also be glorified with him. I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour

pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

(Romans 8:12-25)

Reader: Hear what the Spirit is saying to the Church

Homily: Cathy Gibbs

(NB: After the homily, please unmute your phones by pressing *6 if you would like to join the congregational singing and prayers)

Music: Let All Things Now Living

**Let all things now living a song of thanksgiving
to God the creator triumphantly raise,
who fashioned and made us, protected and stayed us,
who still guides us on to the end of our days.
Love's banners are o'er us, God's light goes before us,
A pillar of fire shining forth in the night,
till shadows have vanished and darkness is banished
as forward we travel from light into light.**

(NB: If not already unmuted, you may unmute here by pressing *6)

Prayers: Andrew Harding

The Lord's Prayer

The Blessing

Postlude Music