

FAMILY ACTIVITY KIT FOR

Ash **WEDNESDAY**



THE LORD IS FULL OF
compassion **AND** *mercy*

O COME, LET US
worship

TOGETHER

PRAY

GOD OF COMPASSION,
THROUGH YOUR SON JESUS CHRIST
YOU RECONCILED YOUR PEOPLE TO YOURSELF.
FOLLOWING HIS EXAMPLE OF PRAYER AND FASTING,
MAY WE OBEY YOU WITH WILLING HEARTS
AND SERVE ONE ANOTHER IN HOLY LOVE;
THROUGH JESUS CHRIST OUR LORD. **AMEN.**

READ

PSALM 103:8-18

THE LORD IS COMPASSIONATE AND GRACIOUS,
SLOW TO ANGER, ABUNDING IN LOVE.
HE WILL NOT ALWAYS ACCUSE,
NOR WILL HE HARBOR HIS ANGER FOREVER;
HE DOES NOT TREAT US AS OUR SINS DESERVE
OR REPAY US ACCORDING TO OUR INIQUITIES.
FOR AS HIGH AS THE HEAVENS ARE ABOVE THE EARTH,
SO GREAT IS HIS LOVE FOR THOSE WHO FEAR HIM;
AS FAR AS THE EAST IS FROM THE WEST,
SO FAR HAS HE REMOVED OUR TRANSGRESSIONS FROM US.

AS A FATHER HAS COMPASSION ON HIS CHILDREN,
SO THE LORD HAS COMPASSION ON THOSE WHO FEAR HIM;
FOR HE KNOWS HOW WE ARE FORMED,
HE REMEMBERS THAT WE ARE DUST.
THE LIFE OF MORTALS IS LIKE GRASS,
THEY FLOURISH LIKE A FLOWER OF THE FIELD;
THE WIND BLOWS OVER IT AND IT IS GONE,
AND ITS PLACE REMEMBERS IT NO MORE.
BUT FROM EVERLASTING TO EVERLASTING
THE LORD'S LOVE IS WITH THOSE WHO FEAR HIM,
AND HIS RIGHTEOUSNESS WITH THEIR CHILDREN'S CHILDREN—
WITH THOSE WHO KEEP HIS COVENANT
AND REMEMBER TO OBEY HIS PRECEPTS.

CREATE

A FAMILY LENTEN PLAN:

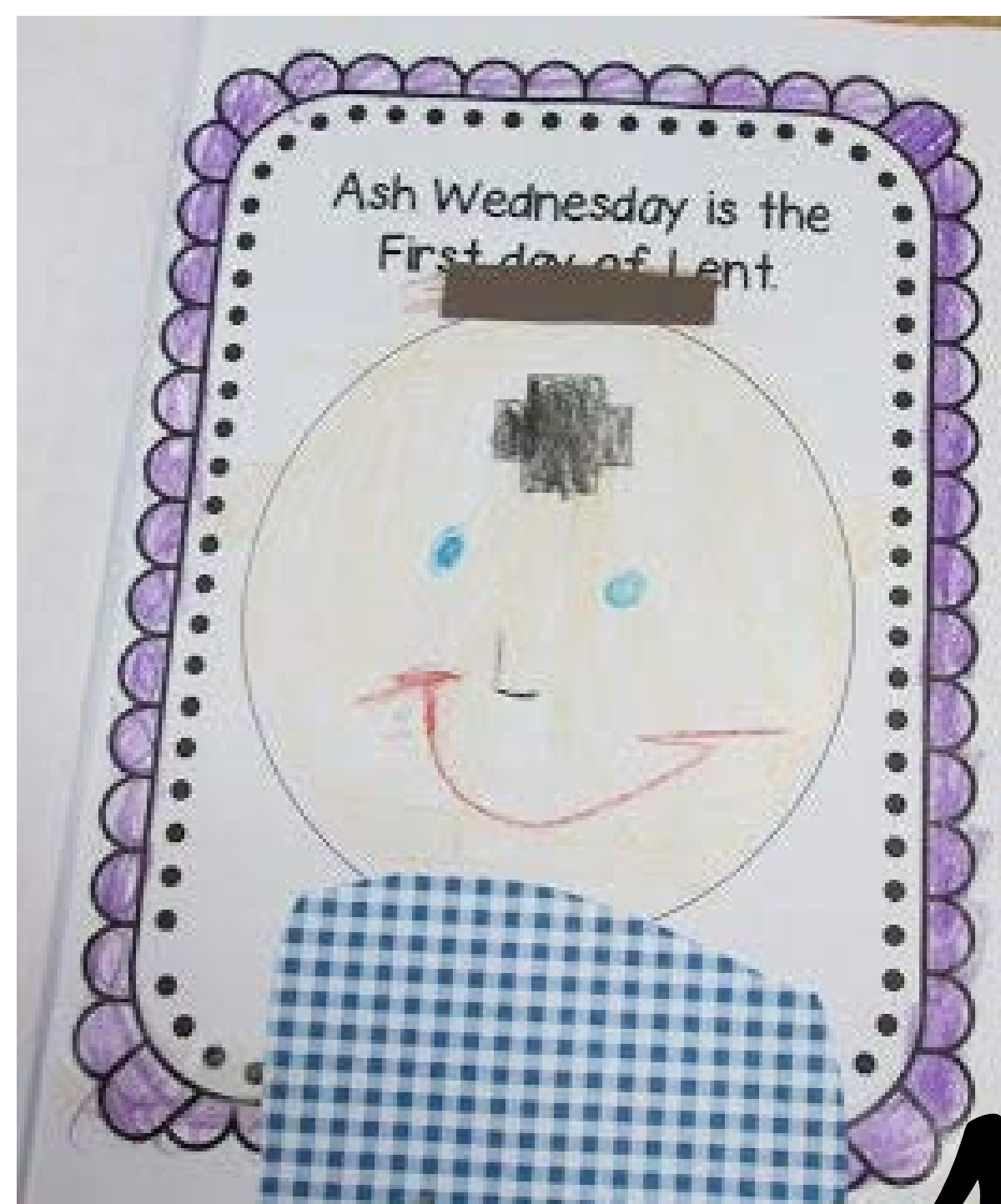
THE PURPOSE OF LENT IS TO BENEFIT YOUR RELATIONSHIP WITH GOD. AS A FAMILY, THINK ABOUT WHAT YOU WANT YOUR RELATIONSHIP WITH GOD TO LOOK LIKE, TOGETHER. DO YOU WANT TO GIVE SOMETHING UP OR TAKE SOMETHING ON? MAYBE YOU WILL START READING THE BIBLE AFTER DINNER TOGETHER. MAYBE YOU WILL GIVE UP YOUR TIME AND VOLUNTEER SOMEWHERE. TAKE SOME TIME RIGHT NOW TO THINK, TALK, AND PRAY TOGETHER ABOUT YOUR LENT PLAN.

Crafts **FOR LENT:**



MATERIALS

- CHALK
- BLACK PAPER



MATERIALS

- DRAWING OR PRINTED PHOTO OF YOURSELF & FAMILY
- BLACK MARKER / PENCIL CRAYON

- ### MATERIALS
- BLACK ACRYLIC/TEMPERA PAINT
 - COLOUR PAPER

